

Make mealtimes *easy*

Rustle up delicious family meals with the minimum of effort with the Cooking Guide for the Nintendo DS



Getting the dinner ready on time for a hungry family day in, day out is a feat worthy of an Olympic medal. So it's not surprising there are times when a little extra inspiration would be appreciated! Especially if you've had a long day or the fridge is looking a little on the empty side. Or maybe your child's super fussy friend has

been invited to tea and you haven't a clue what to cook.

Deciding what to eat to add variety to family meals isn't easy. Thankfully mealtimes can be less stressful and more enjoyable with the help of the Nintendo DS Cooking Guide; a revolutionary new tool that will see you holding the answer to countless cooking dilemmas in your hand. With a choice of over 250

recipes from around the world, this interactive cooking aid will help you through the whole process of choosing, preparing and cooking.

On a diet? No problem, you can select a recipe specifically by calories. Want to use up leftovers? Simply key in your main ingredient and the Cooking Guide will select recipe ideas for you. There's even help compiling shopping lists, either

for single recipes or a weekly menu and a great step-by-step pictorial guide of how to make each meal.

"When I first saw Cooking Guide I thought it would be a great chance for me to cook and give Phil a night off!" explains Fern Britton, wife of celebrity chef, Phil Vickery. "With its easy to understand, step by step approach to cooking, it's easy to cook up a treat for even the most demanding eaters."

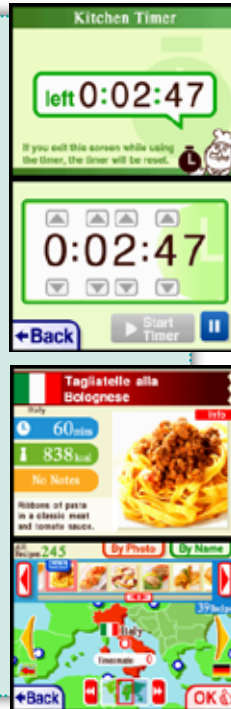
The device will also do calculations to adjust portions, alter recipes for slimmers and demonstrate complex cooking procedures with video clips. What's more, after opening a recipe you can work through the cooking process using either your stylus or your voice, continuing or repeating steps until you have concocted anything from a lamb curry to a four-course dinner for two.

Each Cooking Guide includes:

- shopping list function – tick off items as you buy them
- handy calculator to tally up the cost
- guide to utensils – what they're used for and how
- dictionary of cooking techniques and culinary terms
- built in timer – lets you keep track of how long you need to cook, soak or chill ingredients
- 250 recipes from across the globe
- voice recognition for hands-free control
- personal note making function
- cooking history calendar – to remind you which dishes you've made and when

Your Cooking Guide can:

- find recipes according to country, ingredients, calorie value or preparation time
- adjust ingredient quantities depending on the number of servings required
- exclude ingredients according to taste
- explain complex procedures through video



STARTER PACK



Buy this Starter Pack containing a Nintendo DS in turquoise and Cooking Guide; from £129 at all leading high street electronics retailers. Visit mynintendo.co.uk for more information

Our favourite Cooking Guide meals:

- ◆ **Ready in 30 mins**
Chicken and vegetable skewers
- ◆ **Fussy friend**
Courgette omelette
- ◆ **Low fat**
Sichuan-style Fried Beef and vegetables
- ◆ **Vegetarian**
Mushroom pie
- ◆ **Romantic meal**
Paella
- ◆ **Wow pudding**
Fruit pavlova

