

A sneak  
preview of  
Candis

# IN FEBRUARY...

## Love is in the air!

**FREE  
PEONIES  
WORTH  
OVER £23  
FOR EVERY  
READER**

♥ A fabulous Valentine's night menu – just made for sharing

♥ Gorgeous Martha Stewart Valentine card ideas

♥ Why being in love is good for your health – and how to boost the effects!

**PLUS**

**your 10-page Candis savings guide – latest offers and updates included**

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